

Chandigarh College of Engineering and Technology (Degree Wing) Sector 26, Chandigarh

Undertaking for Say no to drugs

I, as a student of CCET pledge that:

1. I will educate myself about the harmful effects of drugs and share my knowledge with friends and family.
2. I will resist peer pressure and surround myself with positive influences.
3. I will find healthy alternatives to cope with stress and emotions, such as exercise, music, or art.
4. I will seek help if I or someone I know is struggling with drug addiction.
5. I will be a role model and encourage others to say no to drugs.
6. I will participate in drug-free activities and events that promote a healthy lifestyle.
7. I will spread awareness about the dangers of drug abuse through social media, posters, or campaigns.
8. I will support organizations that help individuals overcome drug addiction.
9. I will make smart choices and prioritize my health and well-being.
10. I will inspire others to join me in saying no to drugs and living a drug-free life.

as a student, we have the power to make a positive impact and create a drug-free community!

Roll No.

Name:

Signature and Date

Father/Mother

Name:

Signature and Date