

## **Celebration of 2<sup>nd</sup> International Day of Yoga by CCET (Degree Wing)**

Chandigarh College of Engineering and Technology (Degree wing) celebrated 2nd International Day of Yoga on June 21, 2016 at Capitol Complex, Chandigarh in the presence of Hon'ble Prime Minister of India, Shri Narendra Modi. The students and Faculty members of the institute participated in the same with full enthusiasm and joy.

A total of 81 participants from CCET(Degree wing), including students and faculty members were enrolled for the event. Er. Gulshan Goyal, Programme Officer- NSS and Dr.Radhey Sham, Secretary-Student Council were assigned the responsibility of the event under the guidance of Dr. M. S. Gujral, Principal- CCET(Degree wing). In order to train participants, regular training sessions were held in the college premises every morning at 0600-0730 hrs starting from 28<sup>th</sup> May, 2016. Separate male and female Yoga experts were appointed by the Chandigarh administration to provide protocol training to all participants. Great participation and dedication was shown by the students of all streams and the faculty members of the institute.

### **Glimpses of training sessions:**





Keeping in view, the regularity and punctuality of the participants, all registered candidates of CCET (Degree wing) were selected by the administration for performing Yoga at Capitol Complex. Er. Gulshan Goyal and Dr. Radhey Sham were associated as Group leaders from CCET. Both of them were in continuous touch with State Liaison Officer, NSS and administration authorities for updating the status of preparations by participants of CCET.

An event rehearsal was organised by the UT administration at Capitol Complex on Sunday, June 19, 2016 in which all the participants took part enthusiastically. Full dedication was shown by the participants and the groups left the college campus at 0400hrs with full energy, to reach Capitol Complex in time. A full rehearsal of the Yoga Protocol was done at the venue. The students and teachers performed in the rehearsal with the same enthusiasm as final event.

**Glimpses of the rehearsal session:**





The final event was held on June 21, 2016 at Capitol Complex. The participants assembled at the college campus at 0330hrs, where they were provided event T-shirts and Identity Cards of the event. The buses reached the venue at 0430hrs and all the participants took their respective places. Yoga mats and water bottles were provided to all at the venue.

All the participants of CCET showed outstanding dedication and discipline at the event and contributed in a successful government event and got this golden opportunity to perform Yoga in presence of the Prime Minister and other esteemed guests.

The programme started at 0630hrs with the speech of Hon'ble Prime Minister followed by the Yoga protocol. Shri Narendra Modi, Hon'ble Prime Minister of India said that Yoga is a gift of our ancestors to every Indian, and we feel proud to share this with the whole world. He also said that among many other occasions celebrated by the United Nations, International Yoga Day is the only event which is celebrated at such a large scale. Adding to his speech, he appealed the Yoga experts across the country to develop Yoga techniques to fight Diabetes this year and said this way we will fight a disease every year and head towards a healthier nation. Motivating the mass, the Prime Minister also announced a national and an international award for the ones contributing the society for Yoga in any possible way to be presented annually.

**Glimpses of the event:**





The Prime Minister then performed Yogasanas with the crowd. The event marked its end when the Prime Minister came to meet the crowd.

The students of CCET received full coverage from DD News.

The glimpses of media coverage:

